



Care & Kindness Conference
Campus of The First Reformed Church
Fri. 5/2/14 6:15 P.M., Sat. 5/3/14 8:30 A.M. – 3:30 P.M.
2014 Registration Form

NAME _____

ADDRESS _____

CITY _____ ST _____ ZIP _____

PHONE(S) _____

EMAIL _____ (confirmation will be sent to your email)

Registration Type:

(Saturday lunch is included)

_____ **EARLY REGISTRATION (save \$24) – \$65** through April 15, 2014

_____ **REGISTRATION - \$89** after April 15

_____ **GROUP RATE - \$50** for six or more who register at the same time

Workshops (use numbers on next page) you plan to attend _____

Payment Type:

_____ Credit Card: # _____ (M/C, Visa, AmEx)

Expiration Date: _____ Signature _____
(credit card registration can also be made at www.firstreformedchurch.com)

_____ Check Enclosed

To register - send completed form to:

First Reformed Church, **Att: Care and Kindness Conference**

529 Newark Pompton Turnpike,

Pompton Plains, NJ 07444

(note: for GPS, use Pequannock, NJ)

**2014 Workshops:
Friday, May 2 – 7:15 P.M.**

1. Care for the Caregiver
2. Deep Meditation to Calm the Mind, Body and Soul
3. Spiritual Temperaments: Discovering Different Pathways to Deeper Intimacy With God
4. Storytelling: How God's story and our stories intersect
5. Visiting the Sick: practical ways to give care, comfort & courage, keeping boundaries

Saturday, May 3 – 9:30 A.M.

6. Active Listening: More than words can say
7. Be Not Afraid: Turning to God in Times of Fear and Uncertainty
8. Depression in Children: Fighting Back
9. End-of-Life Decision-Making
10. Healing & Growth for Adult Children of Alcoholics

Saturday – 10:35 A.M.

11. Health Care Decision-Making
12. Healing Power of Forgiveness
13. I Don't Wanna Talk About It: Dealing with Unspeakable Illness
14. Oh, if only..... Dealing with Regret
15. The Role of Art in Healing

Saturday – 12:15 P.M.

16. Becoming a Mental Health First Aider
17. Dealing with Family Mental Illness
18. Journey Ahead: Aging with its Challenges and Opportunities
19. Ministering to Substance Abusers – What You Can Do
20. The Great Truth: Shattering Life's Most Insidious Lies That Sabotage Your Happiness
Along with the Revelation of Life's Sole Purpose

Saturday – 1:20 P.M.

21. After Diagnosis: Life... Moving from Devastation to Extraordinary Living
22. Bouncing Back: How Care and Kindness Breed Resilience
23. Caring for those experiencing Fetal and Infant Loss
24. Emotional First Aid
25. How to Help and Safeguard Your Child from Abuse